

# Assistance in Dealing with Harassment Through Unwanted Phone Calls

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## **Description:**

Telephones, once a groundbreaking means of communication, have become an indispensable part of everyday life, linking individuals around the world with a simple dial or touch. However, with the convenience of telecommunication, an unfortunate downside has surfaced: harassment via telephone. Unsolicited calls have become an increasing problem for numerous people, leading to frustration, anxiety, and in some instances, a sense of violation. It is vital for anyone dealing with this troubling issue to understand the nature of such harassment, its consequences, and the solutions that are available.

**Comprehending Telephone Harassment:**

Telephone harassment is the unwanted receiving of phone calls, often marked by repeated or abusive conduct. These calls can originate from various sources, including telemarketers, fraudsters, debt collectors, or individuals with malicious intentions.

While some calls might be bothersome, others may be deeply unsettling or even threatening.

**Different Forms of Telephone Harassment:**

1. **Telemarketing Calls**: These are calls placed by businesses or organizations attempting to sell products, services, or memberships. Despite laws designed to curb unsolicited calls, many such calls still occur, causing frustration among those who receive them.

2. **Robocalls**: These are automated voice messages or pre-recorded audio sent to a large number of phone numbers, usually to promote products or gather information. These calls may appear to be from reputable sources but are often forms of unwanted communication.

3. **Scam Calls**: These are calls aimed at deceiving individuals into divulging personal, financial, or confidential data. Scam calls may involve fake IRS claims, lottery winnings, or fraudulent technical support offers.

4. **Harassing Calls**: These calls tend to be malicious and may include threats, obscene language, or unsettling messages. Harassing calls can come from strangers, acquaintances, or even former partners, potentially causing significant emotional harm.

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mso-list:l3 level1 lfo1;"><!--[if !supportLists]--><span style="font-family:'Times New Roman';font-weight:bold;font-size:12.0000pt;">5.&nbsp;</span><!--[endif]--><b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-weight:bold;font-size:12.0000pt;">Debt Collection Calls</span></b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-size:12.0000pt;">: In certain situations, debt collectors may resort to harassment tactics in an attempt to pressure individuals into paying debts. Such conduct is prohibited by many consumer protection regulations.</span><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-size:12.0000pt;"><o:p></o:p></span></p><p class="MsoNormal" align="justify" style="margin-bottom:0.0000pt;margin-left:36.0000pt;text-indent:-18.0000pt;text-align:justify;text-justify:inter-ideograph;line-height:150%;mso-list:l3 level1 lfo1;"><!--[if !supportLists]--><span style="font-family:'Times New Roman';font-weight:bold;font-size:12.0000pt;">6.&nbsp;</span><!--[endif]--><b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-weight:bold;font-size:12.0000pt;">Silent or Hang-Up Calls</span></b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-size:12.0000pt;">: These are common methods employed by harassers to intimidate or confuse the person receiving the call without speaking. These calls can leave people feeling uneasy and wondering about the caller's intentions.</span><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-size:12.0000pt;"><o:p></o:p></span></p><p class="MsoNormal" style="margin-bottom:0.0000pt;line-height:150%;"><b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-weight:bold;font-size:12.0000pt;">&nbsp;</span></b></p><p class="MsoNormal" style="margin-bottom:0.0000pt;line-height:150%;"><b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-weight:bold;font-size:12.0000pt;">Effects of Telephone Harassment:</span></b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-size:12.0000pt;"><br></span><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-size:12.0000pt;">The repercussions of telephone harassment go beyond mere annoyance, leading to more severe emotional and psychological consequences. Individuals facing repeated harassment may experience:</span><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-size:12.0000pt;"><o:p></o:p></span></p><p class="MsoNormal" align="justify" style="margin-bottom:0.0000pt;margin-left:36.0000pt;text-indent:-18.0000pt;text-align:justify;text-justify:inter-ideograph;line-height:150%;mso-list:l0 level1 lfo2;"><!--[if !supportLists]--><span style="font-family:'Times New Roman';font-weight:bold;font-size:12.0000pt;">1.&nbsp;</span><!--[endif]--><b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-weight:bold;font-size:12.0000pt;">Anxiety and Stress</span></b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-size:12.0000pt;">: The constant expectation of receiving unwanted calls can create feelings of anxiety. The uncertainty of the nature of these calls can increase stress levels, especially if they are threatening or malicious.</span><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-size:12.0000pt;"><o:p></o:p></span></p><p class="MsoNormal" align="justify" style="margin-bottom:0.0000pt;margin-left:36.0000pt;text-indent:-18.0000pt;">

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mso-list:l0 level1 lfo2;"><!--[if !supportLists]--><span style="font-family:'Times New Roman';font-weight:bold;font-size:12.0000pt;">2.&nbsp;</span><!--[endif]--><b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-weight:bold;font-size:12.0000pt;">Sleep Disturbances</span></b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-size:12.0000pt;">: Frequent or irregularly timed harassing calls can interfere with an individual's sleep, leading to fatigue, irritability, and difficulty concentrating.</span><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-size:12.0000pt;"><o:p></o:p></span></p><p class="MsoNormal" align="justify" style="margin-bottom:0.0000pt;margin-left:36.0000pt;text-indent:-18.0000pt;text-align:justify;text-justify:inter-ideograph;line-height:150%;mso-list:l0 level1 lfo2;"><!--[if !supportLists]--><span style="font-family:'Times New Roman';font-weight:bold;font-size:12.0000pt;">3.&nbsp;</span><!--[endif]--><b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-weight:bold;font-size:12.0000pt;">Loss of Privacy</span></b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-size:12.0000pt;">: Many people feel as though their privacy is compromised when subjected to unsolicited phone calls. These constant interruptions can make individuals feel unsafe or as though their personal space is being violated.</span><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-size:12.0000pt;"><o:p></o:p></span></p><p class="MsoNormal" align="justify" style="margin-bottom:0.0000pt;margin-left:36.0000pt;text-indent:-18.0000pt;text-align:justify;text-justify:inter-ideograph;line-height:150%;mso-list:l0 level1 lfo2;"><!--[if !supportLists]--><span style="font-family:'Times New Roman';font-weight:bold;font-size:12.0000pt;">4.&nbsp;</span><!--[endif]--><b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-weight:bold;font-size:12.0000pt;">Social Withdrawal</span></b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-size:12.0000pt;">: Those who are harassed over the phone may begin to withdraw from social activities, either due to the emotional toll of the calls or the fear of becoming further targeted.</span><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-size:12.0000pt;"><o:p></o:p></span></p><p class="MsoNormal" align="justify" style="margin-bottom:0.0000pt;margin-left:36.0000pt;text-indent:-18.0000pt;text-align:justify;text-justify:inter-ideograph;line-height:150%;mso-list:l0 level1 lfo2;"><!--[if !supportLists]--><span style="font-family:'Times New Roman';font-weight:bold;font-size:12.0000pt;">5.&nbsp;</span><!--[endif]--><b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-weight:bold;font-size:12.0000pt;">Financial Loss</span></b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-size:12.0000pt;">: In cases involving scam calls, individuals can suffer financial losses if tricked into revealing sensitive information or making payments to fraudulent entities.</span><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-size:12.0000pt;"><o:p></o:p></span></p><p class="MsoNormal" style="margin-bottom:0.0000pt;line-height:150%;"><b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-weight:bold;font-size:12.0000pt;">&nbsp;</span></b></p><p class="MsoNormal" style="margin-bottom:0.0000pt;line-height:150%;"><b><span style="mso-spacerun:'yes';font-

family:'Times New Roman';line-height:150%;  
font-weight:bold;font-size:12.0000pt;">Legal Protections Against Telephone  
Harassment:</span></b><span style="mso-spacerun:'yes';font-family:'Times New  
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font-size:12.0000pt;"><br></span><span style="mso-spacerun:'yes';font-family:'Times New  
Roman';line-height:150%;  
font-size:12.0000pt;">Fortunately, many countries have enacted laws to shield individuals  
from unwanted and harassing phone calls. These legal measures are designed to provide  
victims with options for recourse and hold offenders accountable. Some of the major  
protections available include:</span><span style="mso-spacerun:'yes';font-family:'Times New  
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font-size:12.0000pt;"><o:p></o:p></span></p><p class="19" style="margin-  
bottom:0.0000pt;margin-left:36.0000pt;text-indent:-18.0000pt;  
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family:'Times New Roman';font-weight:bold;font-size:12.0000pt;">1.&nbsp;</span><!--  
[endif]--><b><span style="mso-spacerun:'yes';font-family:'Times New Roman';font-  
weight:bold;  
font-size:12.0000pt;">Do Not Call Registries</span></b><span style="mso-  
spacerun:'yes';font-family:'Times New Roman';font-size:12.0000pt;"><br></span><span  
style="mso-spacerun:'yes';font-family:'Times New Roman';font-size:12.0000pt;">Numerous  
regions have established official "Do Not Call" lists that individuals can join. Managed by  
government bodies, these lists require companies to refrain from contacting registered  
numbers. For instance, the National Do Not Call Registry in the United States allows  
individuals to opt out of receiving unsolicited telemarketing calls. If a registered number  
receives a telemarketing call, the caller can face penalties.</span><span style="mso-  
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size:12.0000pt;"><o:p></o:p></span></p><p class="19" style="margin-  
bottom:0.0000pt;margin-left:36.0000pt;text-indent:-18.0000pt;  
line-height:150%;mso-list:l2 level1 lfo3;"><!--[if !supportLists]--><span style="font-  
family:'Times New Roman';font-weight:bold;font-size:12.0000pt;">2.&nbsp;</span><!--  
[endif]--><b><span style="mso-spacerun:'yes';font-family:'Times New Roman';font-  
weight:bold;  
font-size:12.0000pt;">Consumer Protection Laws</span></b><span style="mso-  
spacerun:'yes';font-family:'Times New Roman';font-size:12.0000pt;"><br></span><span  
style="mso-spacerun:'yes';font-family:'Times New Roman';font-size:12.0000pt;">Legislation  
like the Telephone Consumer Protection Act (TCPA) in the U.S. limits telemarketing activities,  
particularly automated calls, robocalls, and unsolicited text messages. These laws regulate  
when telemarketers can place calls and usually demand prior consent. Penalties for breaches  
of these laws can be substantial. Additionally, some countries, such as those in the European  
Union, have stringent privacy laws, like the General Data Protection Regulation (GDPR),  
which offers consumers control over their personal data and can be used to challenge  
aggressive marketing practices.</span><span style="mso-spacerun:'yes';font-family:'Times  
New Roman';font-size:12.0000pt;"><o:p></o:p></span></p><p class="19" style="margin-  
bottom:0.0000pt;margin-left:36.0000pt;text-indent:-18.0000pt;  
line-height:150%;mso-list:l2 level1 lfo3;"><!--[if !supportLists]--><span style="font-  
family:'Times New Roman';font-weight:bold;font-size:12.0000pt;">3.&nbsp;</span><!--  
[endif]--><b><span style="mso-spacerun:'yes';font-family:'Times New Roman';font-  
weight:bold;  
font-size:12.0000pt;">Criminal Harassment Laws</span></b><span style="mso-  
spacerun:'yes';font-family:'Times New Roman';font-size:12.0000pt;"><br></span><span

When harassment escalates to threatening or abusive behavior, it may fall under criminal harassment statutes. For example, repeated harassing phone calls intended to cause distress or fear may be prosecuted as criminal harassment. If these calls involve threats or intimidation, legal action can be pursued against the perpetrator.

4.

### **Fraud and Scam Regulations**

Governments also regulate and impose penalties for fraudulent activities such as scam phone calls. These types of calls are subject to penalties under anti-fraud legislation. Victims of such calls can report them to relevant authorities, such as the Federal Trade Commission (FTC) in the U.S., which investigates and seeks to dismantle fraudulent operations.

### **Steps to Take if You're Being Harassed by Phone Calls**

If you find yourself the recipient of unwanted or harassing phone calls, it is essential to take action to protect yourself and seek assistance. Below are some effective steps to manage and respond to telephone harassment:

1. Join the Do Not Call List

If you haven't done so yet, register your number with the appropriate Do Not Call list in your country. This may help limit unsolicited marketing calls, though it won't block all types of calls.

mso-list:l1 level1 lfo4;"><!--[if !supportLists]--><span style="font-family:'Times New Roman';font-weight:bold;font-size:12.0000pt;">2.&nbsp;</span><!--[endif]--><b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-weight:bold;font-size:12.0000pt;">Block Numbers</span></b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-size:12.0000pt;">: Many mobile phones and service providers offer features that allow you to block numbers that repeatedly call you. Blocking persistent callers can offer immediate relief.</span><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-size:12.0000pt;"><o:p></o:p></span></p><p class="MsoNormal" align="justify" style="margin-bottom:0.0000pt;margin-left:36.0000pt;text-indent:-18.0000pt;text-align:justify;text-justify:inter-ideograph;line-height:150%;mso-list:l1 level1 lfo4;"><!--[if !supportLists]--><span style="font-family:'Times New Roman';font-weight:bold;font-size:12.0000pt;">3.&nbsp;</span><!--[endif]--><b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-weight:bold;font-size:12.0000pt;">Avoid Engaging with Scam Calls</span></b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-size:12.0000pt;">: If you receive a suspicious call, refrain from engaging with the caller. It is often best to hang up immediately, as interaction may result in more calls.</span><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-size:12.0000pt;"><o:p></o:p></span></p><p class="MsoNormal" align="justify" style="margin-bottom:0.0000pt;margin-left:36.0000pt;text-indent:-18.0000pt;text-align:justify;text-justify:inter-ideograph;line-height:150%;mso-list:l1 level1 lfo4;"><!--[if !supportLists]--><span style="font-family:'Times New Roman';font-weight:bold;font-size:12.0000pt;">4.&nbsp;</span><!--[endif]--><b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-weight:bold;font-size:12.0000pt;">Document Harassing Calls</span></b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-size:12.0000pt;">: If harassment continues, it is useful to keep a detailed record of the calls. Note the date, time, content of the call, and the number from which it originated. This documentation can serve as valuable evidence if legal action is required.</span><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-size:12.0000pt;"><o:p></o:p></span></p><p class="MsoNormal" align="justify" style="margin-bottom:0.0000pt;margin-left:36.0000pt;text-indent:-18.0000pt;text-align:justify;text-justify:inter-ideograph;line-height:150%;mso-list:l1 level1 lfo4;"><!--[if !supportLists]--><span style="font-family:'Times New Roman';font-weight:bold;font-size:12.0000pt;">5.&nbsp;</span><!--[endif]--><b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-weight:bold;font-size:12.0000pt;">Report the Harassment</span></b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-size:12.0000pt;">: Depending on the severity of the situation, it may be necessary to report the harassment. For telemarketing violations, report the issue to the appropriate consumer protection agency. For criminal harassment, contact local law enforcement. In cases involving fraud or scam calls, report them to authorities such as the FTC or the relevant agency in your country.</span><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%;font-size:12.0000pt;"><o:p></o:p></span></p><p class="MsoNormal" align="justify" style="margin-bottom:0.0000pt;margin-left:36.0000pt;text-indent:-18.0000pt;text-align:justify;text-justify:inter-ideograph;line-height:150%;mso-list:l1 level1 lfo4;"><!--[if !supportLists]--><span style="font-family:'Times New

Roman';font-weight:bold;font-size:12.0000pt;">6.&nbsp;</span><!--[endif]--><b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%; font-weight:bold;font-size:12.0000pt;">Consider Legal Action</span></b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%; font-size:12.0000pt;">: If harassment persists or intensifies, it may be worthwhile to consult with an attorney about pursuing legal remedies. Legal professionals can guide you through understanding your rights and exploring options such as restraining orders or civil lawsuits.</span><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%; font-size:12.0000pt;"><o:p></o:p></span></p><p class="MsoNormal" align="justify" style="margin-bottom:0.0000pt;margin-left:36.0000pt;text-indent:-18.0000pt; text-align:justify;text-justify:inter-ideograph;line-height:150%; mso-list:l1 level1 lfo4;"><!--[if !supportLists]--><span style="font-family:'Times New Roman';font-weight:bold;font-size:12.0000pt;">7.&nbsp;</span><!--[endif]--><b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%; font-weight:bold;font-size:12.0000pt;">Use Call Screening Services</span></b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%; font-size:12.0000pt;">: Many phone service providers offer call screening tools that can identify calls before you answer them. These services can help filter out unwanted calls, particularly rob calls or those from unfamiliar numbers.</span><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%; font-size:12.0000pt;"><o:p></o:p></span></p><p class="MsoNormal" align="justify" style="margin-bottom:0.0000pt;text-align:justify;text-justify:inter-ideograph; line-height:150%;"><b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%; font-weight:bold;font-size:12.0000pt;">&nbsp;</span></b></p><p class="MsoNormal" align="justify" style="margin-bottom:0.0000pt;text-align:justify;text-justify:inter-ideograph; line-height:150%;"><b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%; font-weight:bold;font-size:12.0000pt;">Conclusion:</span></b><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%; font-size:12.0000pt;"><br></span><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%; font-size:12.0000pt;">Harassment through unsolicited phone calls is an escalating issue affecting individuals across the globe. Whether the calls originate from telemarketers, scammers, or harmful individuals, the impacts on mental well-being, privacy, and daily routines can be profound. Fortunately, there are both legal protections and technological tools available to help alleviate this issue. By staying informed, utilizing available resources, and understanding your rights, you can protect yourself from telephone harassment and regain peace of mind.</span><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%; font-size:12.0000pt;"><o:p></o:p></span></p><p class="MsoNormal" align="justify" style="margin-bottom:0.0000pt;border-bottom:1.0000pt solid windowtext;mso-border-bottom-alt:0.5000pt solid windowtext; padding:0pt 0pt 0pt 0pt ;text-align:justify;text-justify:inter-ideograph; line-height:150%;"><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-height:150%; font-size:12.0000pt;">&nbsp;</span></p><p class="MsoNormal" align="justify" style="margin-bottom:0.0000pt;text-align:justify;text-justify:inter-ideograph; line-height:150%;"><span style="mso-spacerun:'yes';font-family:'Times New Roman';line-



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font-size:12.0000pt;">&nbsp;

<b><span style="font-family: &quot;Times New Roman&quot;; line-height: 150%; letter-spacing: 0pt; font-weight: bold; font-size: 12pt;">Best Lawfirm in lucknow for Corporate Cases | Best Criminal Lawyers Near me | Best Criminal Advocates Near me | Best Corporate Advocates Near Me | Best Criminal Lawyers in Lucknow High Court | Best Corporate Lawyers in Lucknow High Court | Best Lawfirm in Uttar Pradesh | Best Criminal Advocates in Uttar Pradesh | Best Adcocates in Lucknow High Court | Best Lawyers in Lucknow High Court | Best Lawfirm in Lucknow High Court | Best Legal Advisor in Lucknow | Best Legal Consultant in Lucknow | Best lawfirm for legal Consultancy services in lucknow</span></b><b><span style="font-family: &quot;Times New Roman&quot;; line-height: 150%; letter-spacing: 0pt; font-weight: bold; font-size: 12pt;"><o:p></o:p></span></b></p><p class="MsoNormal" align="justify" style="margin-bottom:0.0000pt;border-bottom:1.0000pt solid windowtext;mso-border-bottom-alt:0.5000pt solid windowtext; padding:0pt 0pt 0pt 0pt ;text-align:justify;text-justify:inter-ideograph; line-height:150%;><b><span style="font-family: &quot;Times New Roman&quot;; line-height: 150%; letter-spacing: 0pt; font-weight: bold; font-size: 12pt;">&nbsp;</span></b></p><p class="MsoNormal" align="justify" style="margin-bottom:0.0000pt;text-align:justify;text-justify:inter-ideograph; line-height:150%;><b><span style="font-family: &quot;Times New Roman&quot;; line-height: 150%; letter-spacing: 0pt; font-weight: bold; font-size: 12pt;">&nbsp;</span></b></p><p class="MsoNormal" align="justify" style="margin-bottom:0.0000pt;text-align:justify;text-justify:inter-ideograph; line-height:150%;><b><span style="font-family: &quot;Times New Roman&quot;; line-height: 150%; letter-spacing: 0pt; font-weight: bold; font-size: 12pt;">&nbsp;</span></b></p><p class="MsoNormal" align="justify" style="margin-bottom:0.0000pt;text-align:justify;text-justify:inter-ideograph; line-height:150%;><b><span style="font-family: &quot;Times New Roman&quot;; line-height: 150%; letter-spacing: 0pt; font-weight: bold; font-size: 12pt;">&nbsp;</span></b><span style="text-align: left; font-family: Calibri; font-size: 10pt;">&nbsp;Amanda Parker, Understanding Telephone Harassment and Its Impact, Telecom Law Journal, (Nov. 11, 2024), </span><a href="https://www.telecomlawjournal.com/understanding-telephone-harassment" style="background-color: rgb(42, 42, 74); text-align: left;"><u><span class="17" style="font-family: Calibri; color: rgb(5, 99, 193);">https://www.telecomlawjournal.com/understanding-telephone-harassment</span></u></a><span style="text-align: left; font-family: Calibri; font-size: 10pt;">.</span></p><p class="MsoFootnoteText"><span style="mso-spacerun:'yes';font-family:Calibri;mso-bidi-font-family:'Times New Roman'; font-size:10.0000pt;">&nbsp;Kelly Green, </span><i><span class="16" style="font-family: Calibri;">The Rise of Robocalls: What You Need to Know</span></i><span style="mso-spacerun:'yes';font-family:Calibri;mso-bidi-font-family:'Times New Roman'; font-size:10.0000pt;">, </span><i><span class="16" style="font-family: Calibri;">Consumer Protection News</span></i><span style="mso-spacerun:'yes';font-family:Calibri;mso-bidi-font-family:'Times New Roman'; font-size:10.0000pt;">, (Nov. 11, 2024), </span><a href="https://www.consumerprotectionnews.com/rise-of-robocalls"><u><span class="17" style="font-family: Calibri; color: rgb(5, 99, 193);">https://www.consumerprotectionnews.com/rise-of-robocalls</span></u></a><span style="mso-spacerun:'yes';font-family:Calibri;mso-bidi-font-family:'Times New Roman'; font-size:10.0000pt;">. </span><a href="https://saslawchambers.com/services" target="\_blank">https://saslawchambers.com/services</a><a href="https://saslawchambers.com/services"><u><span class="17" style="font-family: Calibri;



font-size:10.0000pt;">.</span><span style="mso-spacerun:'yes';font-family:Calibri;mso-bidi-font-family:'Times New Roman'; font-size:10.0000pt;"><o:p></o:p></span></p><p class="MsoFootnoteText"><span style="mso-spacerun:'yes';font-family:Calibri;mso-bidi-font-family:'Times New Roman'; font-size:10.0000pt;">&nbsp;</span><i><span class="17" style="font-family: Calibri;">What to Do If You're Receiving Unwanted Phone Calls</span></i><span style="mso-spacerun:'yes';font-family:Calibri;mso-bidi-font-family:'Times New Roman'; font-size:10.0000pt;">, </span><i><span class="17" style="font-family: Calibri;">Consumer Rights Journal</span></i><span style="mso-spacerun:'yes';font-family:Calibri;mso-bidi-font-family:'Times New Roman'; font-size:10.0000pt;">, (Nov. 11, 2024), </span><a href="https://www.consumerrightsjournal.com/unwanted-phone-calls"><u><span class="16" style="font-family: Calibri; color: rgb(5, 99, 193);">https://www.consumerrightsjournal.com/unwanted-phone-calls</span></u></a><span style="mso-spacerun:'yes';font-family:Calibri;mso-bidi-font-family:'Times New Roman'; font-size:10.0000pt;">. </span><a href="https://saslawchambers.com/services"><u><span class="16" style="font-family: Calibri; color: rgb(5, 99, 193);">https://saslawchambers.com/services</span></u></a><span style="mso-spacerun:'yes';font-family:Calibri;mso-bidi-font-family:'Times New Roman'; font-size:10.0000pt;"><o:p></o:p></span></p><p class="MsoFootnoteText"><a href="https://saslawchambers.com/services"></a><span style="mso-spacerun:'yes';font-family:Calibri;mso-bidi-font-family:'Times New Roman'; font-size:10.0000pt;"><o:p></o:p></span></p><p class="MsoFootnoteText"><span style="mso-spacerun:'yes';font-family:Calibri;mso-bidi-font-family:'Times New Roman'; font-size:10.0000pt;">&nbsp;</span>Adam Johnson, Using Technology to Block Unwanted Calls, Tech Consumer Review, (Nov. 11, 2024), </span><a href="https://www.techconsumerreview.com/block-unwanted-calls"><u><span class="16" style="font-family: Calibri; color: rgb(5, 99, 193);">https://www.techconsumerreview.com/block-unwanted-calls</span></u></a><span style="mso-spacerun:'yes';font-family:Calibri;mso-bidi-font-family:'Times New Roman'; font-size:10.0000pt;">. </span></p><p class="MsoFootnoteText"><span style="mso-spacerun:'yes';font-family:Calibri;mso-bidi-font-family:'Times New Roman'; font-size:10.0000pt;"><o:p></o:p></span></p>